



WRESTLING REGULATIONS

Last update 31/07/24

1. Organization

- a. The Wrestling Committee of the 22nd Maccabiah will be responsible for the Wrestling competitions of the 22nd Maccabiah.
- b. The Wrestling competitions will be conducted according to the United World Wrestling (International Wrestling Federation) rules.
- c. Participation in the competition is open to any athlete who is in possession of a Participant Card, issued by the Organizing Committee of the 22nd Maccabiah, and is registered for the Wrestling competitions
- d. According to the UWW Regulations each participating country with more than 3 athletes must include a referee as part of their delegation.
- e. The Wrestling competition will be held in two styles: **Greco-Roman** and **Freestyle**. Wrestlers will be allowed to compete in both styles
- f. Each country may enter a maximum of **three** (3) wrestlers in each weight category and in each style as indicated in paragraph e above for:
 - Open Male
 - U17 Boys – Ages 2008-2010 (Cadets)
- g. In each category there must be a minimum of **three** (3) countries entered.
- h. Minimum age for wrestlers in the OPEN competition is 17 years old (Athlete's age as of December 31st 2024).
- i. Competitions will be held according to the following weight (Kg.) categories:

Greco Roman		Freestyle	
OPEN	U17	OPEN	U17
59	41-45	57	41-45
66	48	61	48
71	51	65	51
75	55	70	55
80	60	74	60
85	65	86	65
98	71	97	71
130	80	125	80
	92		92
	110		110

2. Venues and times

The Sport department of the 22nd Maccabiah will determine the venues and times of the Wrestling competitions and teams will be notified accordingly.

3. System of competition

- a. The Wrestling competitions will be conducted according to the United World Wrestling (International Wrestling Federation) up dated rules.
- b. In the event of two wrestlers achieving the same number of points in the league, the winner will be determined by a contest between the two.





4. Referees

- a. The Wrestling Committee will select a Referees' Committee, which in turn will appoint the referees of the competition.

5. General

- a. These regulations are but one part of the complete 22nd Maccabiah Regulations and must be read along with the instructions found in "Basic Regulations and Disciplinary Procedures".
- b. In the event of a discrepancy between the regulations written here and those appearing in the "Basic Regulations", the regulations written here will apply and be binding.